

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Swedish Meatballs (b)
Rice
Daily Vegetable
Fruit

3

Breakfast
Breakfast Pizza (t)
Fruit

Lunch
Beef Nachos
w/Cheese Sauce
Black Beans
Fruit

4

Breakfast
French Toast Sticks
w/ Syrup
Fruit

Lunch
Teriyaki Burger (b)
Vegetable
Fruit

5

Breakfast
Pork Sausage w/ Rice
Fruit

Lunch
Breaded Chicken Sandwich
Vegetable
Fruit

6

Breakfast
Assorted Muffin
Fruit

Lunch
Cheese Pizza
Daily Vegetable
Assorted Fruit

Breakfast and Lunch include a serving of 1% White Milk

9

Breakfast
Benefit Bar
Fruit

Lunch
Cheeseburger (b)
Daily Vegetable
Fruit

10

Breakfast
Biscuit Sandwich
w/ Bacon (P) & Egg
Fruit

Lunch
Pork Taco
Pinto Beans
Fruit

11

Breakfast
Yogurt
Toast w/ Jelly
Fruit

Lunch
Chicken Nuggets
w/ Rice
Daily Vegetable
Assorted Fruit

12

Breakfast
Cold Cereal
Fruit

Lunch
Bistek w/ Rice (b)
Daily Vegetable
Assorted Fruit

13

Breakfast
Cheese Omelet w/ Rice
Fruit

Lunch
Fish Sandwich
Daily Vegetable
Assorted Fruit

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

16

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Chili dog (b)
Daily Vegetable
Assorted Fruit

17

Breakfast
Biscuit Breakfast Sandwich
w/ Sausage (p)
Fruit

Lunch
Beef Taco
Black Beans
Fruit

18

Breakfast
Breakfast Pizza (t)
Fruit

Lunch
Orange Chicken
w/ Rice
Daily Vegetable
Assorted Fruit

19

Breakfast
Mini Pancakes
Fruit

Lunch
Eggless Loco Moco (b)
Rice
Daily Vegetable
Fruit

20

Breakfast
Yogurt
Graham Cracker
Fruit

Lunch
Pepperoni Pizza (p)
Daily Vegetable
Fruit

Our weekly vegetable servings include a variety from different subgroups

23

Breakfast
Stuffed Bagel
Fruit

Lunch
Chicken Ala King
w/ Rice
Daily Vegetable
Fruit

24

Breakfast
Breakfast on a Stick (t)
Fruit

Lunch
Pork Nachos
w/ Cheese Sauce
Pinto Beans
Daily Fruit

25

Breakfast:
Fried Rice
w/ Ham (p) & Egg
Fruit

Lunch:
BBQ Pork Sandwich
Daily Vegetable
Assorted Fruit

26

Breakfast:
Cereal Bar
Graham Cracker
Fruit

Lunch:
Chicken Drumstick
Red Rice
Daily Vegetable
Assorted Fruit

27

Breakfast:
Waffles w/ Syrup
Fruit

Lunch:
Cheesy Breadstick
w/ Marinara
Vegetable of the Day
Assorted Fruit

Introducing Scooby Snacks! A fun and delicious alternative to graham crackers

30

Breakfast:
Bagel w/ Cream Cheese
Assorted Fruit

Lunch:
Spaghetti w/ Meat Sauce (b)
Daily Vegetables
Fruit

31

Breakfast:
Breakfast Pizza (t)
Assorted Fruit

Lunch:
Beef Nachos w/ Cheese Sauce
Black Beans
Fruit of the Day



Menus are subject to change due to product availability and other unforeseen circumstances

This institution is an equal opportunity provider.

9.25.23

